

*Help Us Help People Suffering With Multiple System Atrophy!*

WWW.MSACANADA.CA

Email: support@msacanada.ca

Defeat MSA/Vaincre AMS Canada  
1 855 542-5672 (1 855 KICK-MSA)

PLEASE CONTACT:

FOR INFORMATION ABOUT MSA,



## What is MSA ?

MSA is a rare, rapid progressing neurodegenerative disorder. MSA impairs the systems that regulate blood pressure, heart rate and the bladder - many of the basic bodily functions that people take for granted every day. The life expectancy for those with MSA is typically 5 to 10 years. Patients with advanced MSA often become bedridden, unable to speak and completely paralyzed. At present, there is no cure for MSA, no genetic tests and very few treatments.

Defeat MSA/Vaincre AMS is a registered Canadian charity  
(Bus No. 758784284RR0001)

PLEASE DONATE: [www.msacanada.ca/donate-to-us/](http://www.msacanada.ca/donate-to-us/)

MY NAME IS: \_\_\_\_\_

I HAVE A NEUROLOGICAL DISEASE CALLED  
MULTIPLE SYSTEM ATROPHY (MSA), FORMERLY  
CALLED SHY-DRAGER DISEASE.

MY EMERGENCY CONTACT IS: \_\_\_\_\_

OTHER FACTS ABOUT MY HEALTH:

ADVANCE DIRECTIVE (CIRCLE) YES NO

MY PRIMARY/NEURO DOCTOR IS: \_\_\_\_\_

HIS/HER CONTACT INFO: \_\_\_\_\_

MSA MEANS:

- I MAY HAVE PROBLEMS WITH WALKING, CALLED ATAXIA
  - I MAY HAVE PROBLEMS WITH MUSCLES CONTRACTION, CALLED DYSTONIA
  - I MAY HAVE PROBLEMS WITH SPEAKING, CALLED DYSARTHIA
  - I MAY HAVE DIZZINESS OR FATIGUE, CAUSED BY ORTHOSTATIC HYPOTENSION
  - I MAY HAVE BLADDER PROBLEMS, URGENCY OR INCONTINENCE
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